

coaching competency around reflection and coaching with an artwork

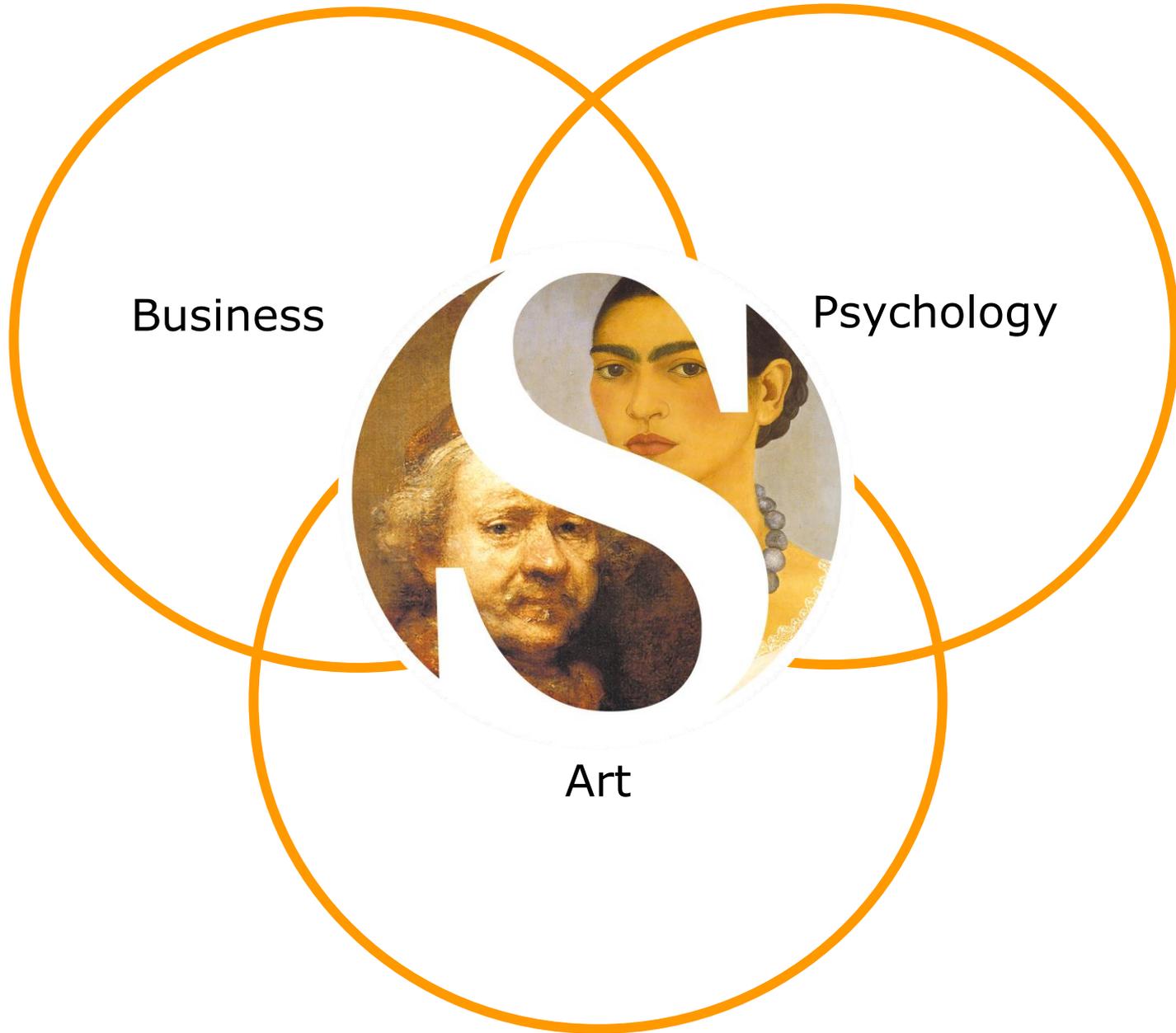
ICF Iran – coaching week

with Christine Kranz, MCC, CEO Symbolon AG

23 May 2021



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Reflection in Business



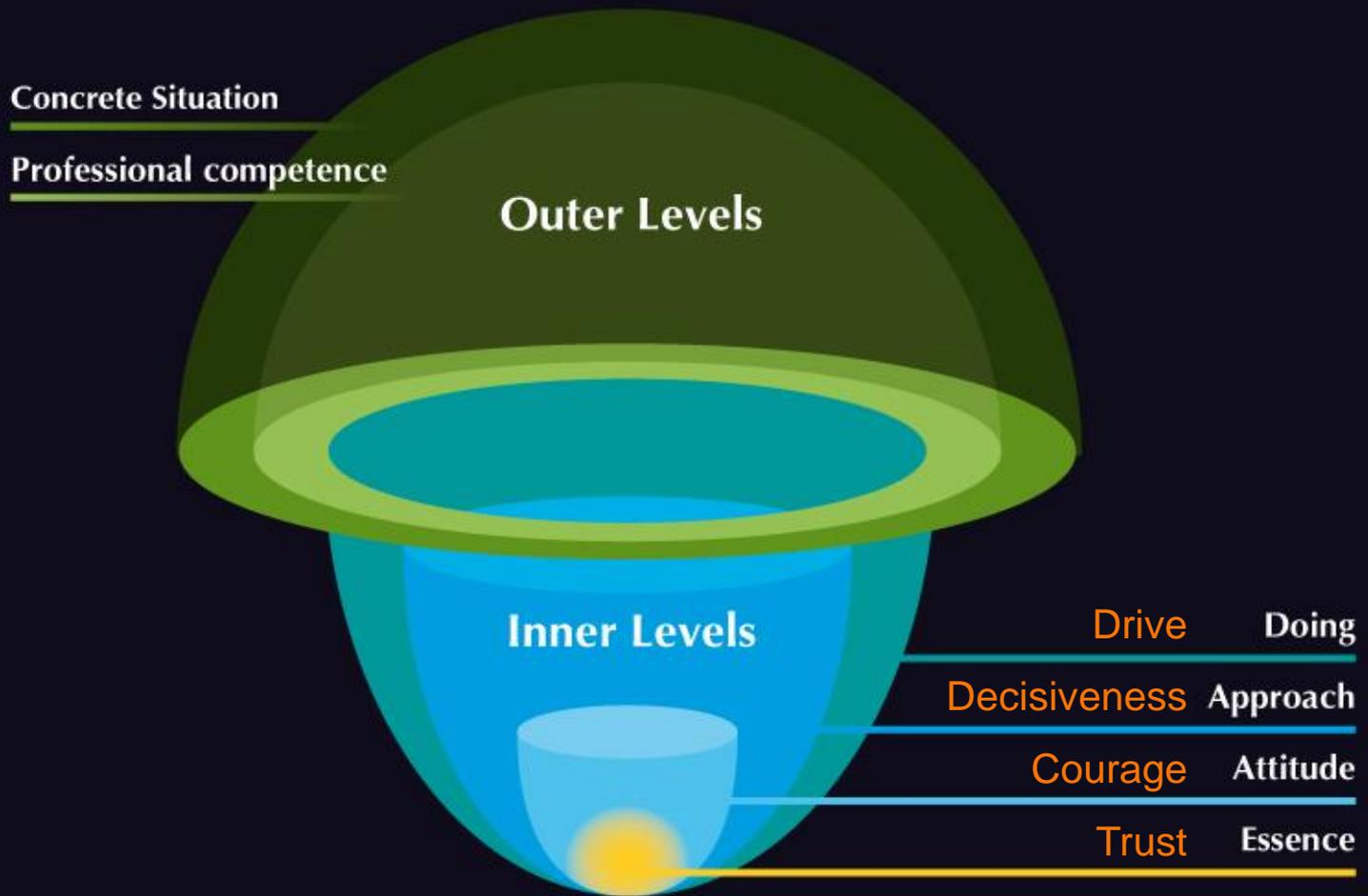
Reflection
resistant

**Reflective
Competence**

Over reflected

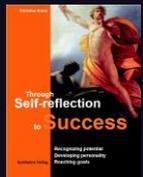
The Depth in the Symbolon-Reflection-Model

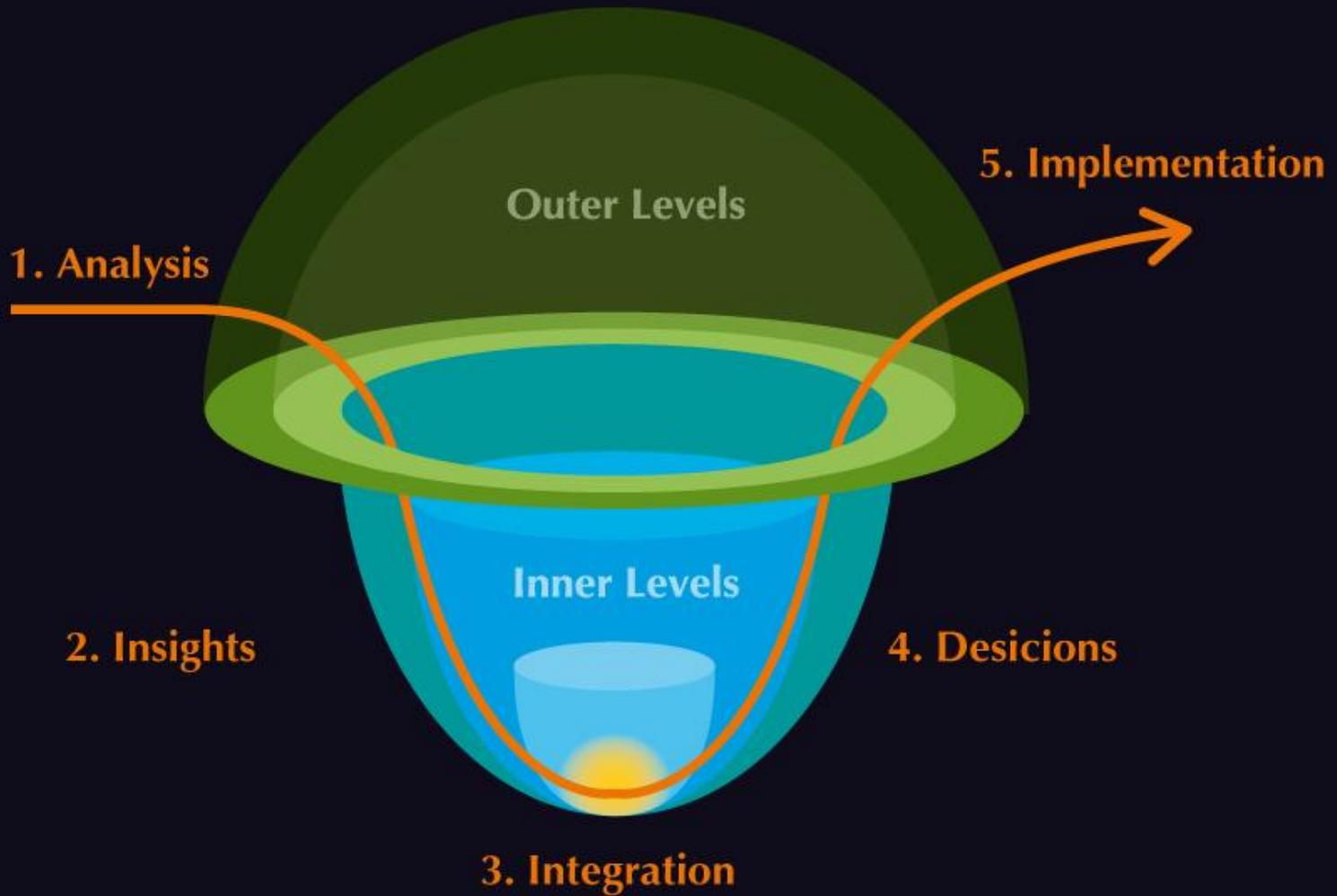
Representation as landscape with lake



Through Self-Reflection to Success

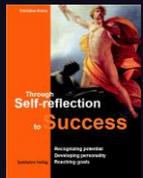
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Through Self-Reflection to Success

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ICF Core Competences

C. Communicating Effectively

6. Listens Actively

concentrated listening, holistic understanding, support self-expression

7. Evokes Awareness

insight, learning, tools, techniques, questions, silence, metaphors, analogies

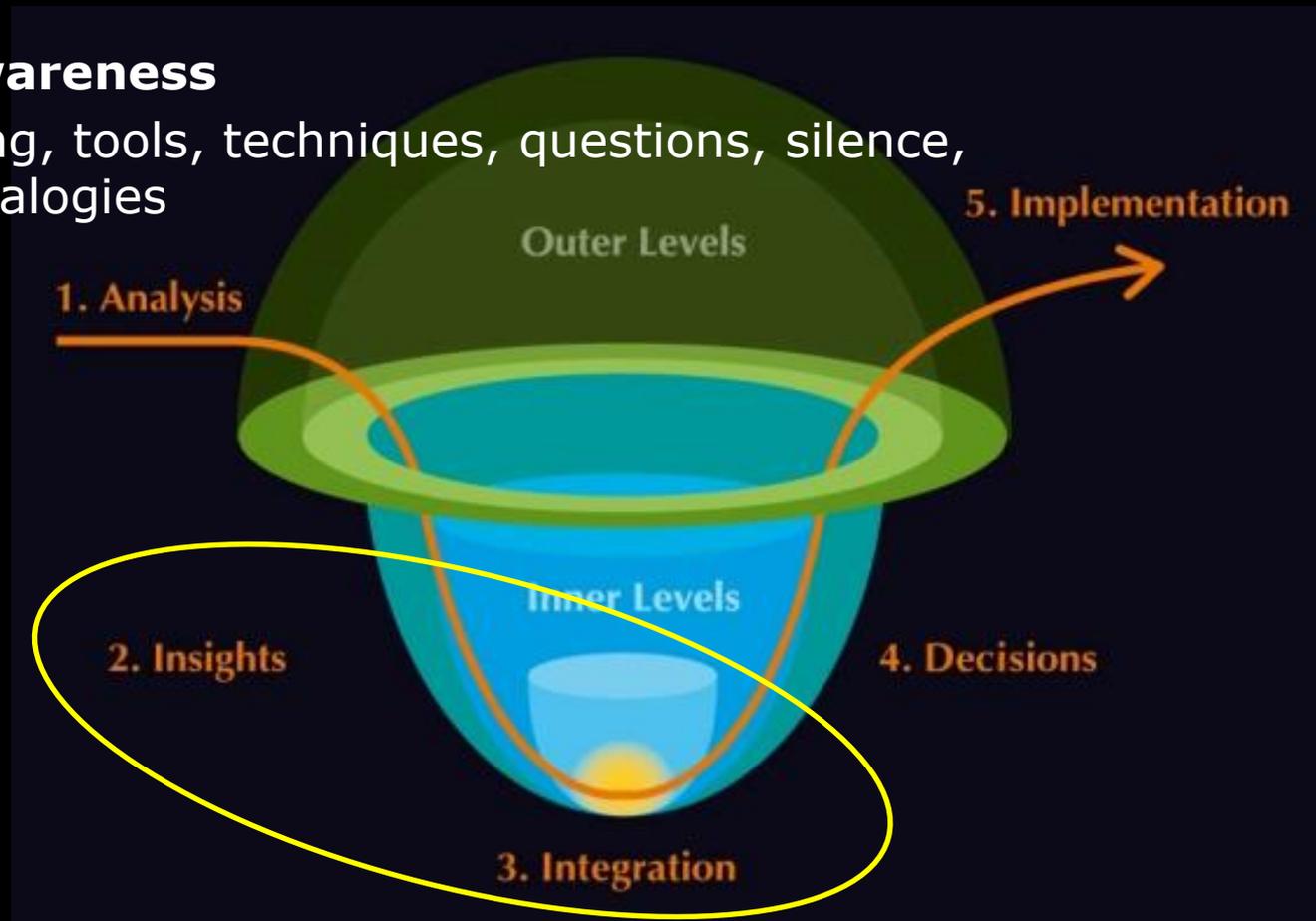




Imagen yourself in your work environment:
1. which animal **you dont like to be?**
2. which animal yould **you like to be?**



**I don't like to be the rabbit!
imagery and symbolism:**

Speed

Fertility

Fear

Cowardice

Potency

Tenderness

sense of belonging

renewal

"scared little rabbit"





Thank you!
Comments?
Questions?



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Picture credits

Frida Kahlo, Selfportrait (1933), Edward G. Robinson

Rembrandt Harmenszoon van Rijn, Self Portrait at the Age of 63 (1669), National Gallery, London

Symbolon-Reflexionsmodell, book "Durch Selbstreflexion zum Erfolg" Symbolon publisher

Orpheus and the animals, 1650, Paulus Potter, Rijksmuseum, Amsterdam

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Kontakt



Christine Kranz, MCC

CEO and founder of Symbolon AG

christine.kranz@symbolon.com

Mobil: +41-79-406 96 44

[XING](#) · [LinkedIn](#) · [Facebook](#) · [Twitter](#)

Symbolon AG

office@symbolon.com

www.symbolon.com

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Coaching with Artwork, Symbols and Archetypes



Introductory film (3 min) <http://symbolon.com/academy.eng>

*"Artwork are mirrors that direct external attention inwardly.
The invisible becomes visible, the essential is recognized."
Christine Kranz*

Symbolon-Reflection-Training special

Professional Reflection Competence



- | | |
|---|-------------------|
| 1.) E-Learning for self-study (ca. 16 h) | Euro 480.- |
| 2.) E-Training with trainer
(app. 8 h: 4 online meetings à 2 h): | <u>Euro 460.-</u> |
| total: | <u>Euro 940.-</u> |

3.) Licence, one to one certification und toolbox: Euro 880.-



All information you will find: Symbolon-Reflexion-Training-Exposé.

Symbolon-Profile-Training

Multi dimensional development



ACSTH
Approved Coach Specific Training Hours
International Coach Federation

Symbolon-Profil



Intensiv part 1 & part 2



Team

Modul 1 – online – Modul 2 – online – Modul 3 – online – Modul 4 – online

Methodenkompetenz

Persönlichkeitsentwicklung

Marktimplementierung

Chances & USP of the Symbolon-Method®

- Fast** immediately at the core issues
- Effective** development process starts at once
- Falsification** very little to not possible at all
- Unique** worldwide no second method like it
- Top quality** university-evaluated, ongoing research and further development
- International** ICF accreditation



office@symbolon.com
www.symbolon.com



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